

PRE-OP: PREPARING FOR YOUR VASECTOMY

- Please download, print and sign the Vasectomy Consent Form from the website (drbullvasectomyclinic.com.au), and bring it with you on the day of the Vasectomy. This can be completed at the clinic when you arrive for your appointment.
- Aspirin and Non-steroidal anti-inflammatory medication may increase bleeding. Try not to take these for a week before your vasectomy. This is not 100% essential though and if you really need these you can continue to take them.
- Avoid smoking on the day of your procedure. Smoking increases the risk of infection and delays healing.
- To minimize the risk of infection and assist the healing process, it's important that you shave/clipper your pubic area and scrotum on the morning of your appointment.
- To further reduce the risk of infection, thoroughly bathe the scrotum and groin the day before and the morning of the surgery.
- Ensure you eat before your procedure as this will reduce the risk of feeling lightheaded or faint during and after the procedure.
- Several hours after surgery, take any preoperative medications as directed.
- Please wear clean, supportive and tight-fitting briefs, underpants or jockey shorts (not boxer shorts) to your procedure and bring a second pair to put on as well after the surgery, to give support to the testes post operatively.